



*North Shore Jewish Center*

*Jeffrey Adelman*

Jeffrey Adelman is honored to have been chosen as NSJC's Man of the Year. He is extremely grateful to be a part of this great organization. He is even more grateful for the relationships and friends that he has acquired along this journey.

He has been preceded here by his two children Cayla and Shula who have had the honor of being Youths of the Year, in 2014 and 2017 respectively. He has picked up many pointers from them and is proud to be following in their footsteps.

Jeffrey is married to Alison for 27 years and was a synagogue board member for over 15 years until becoming President of the Men's Club. He has been a Men's Club member since joining NSJC.

He served in various positions on NSJC's Men's Club board and is a past MC president. He obtained the club's first two Torch Awards for the club. A Gold Award was awarded for a long standing yearly kaddish program at the Central Islip Psychiatric Hospital Center Cemetery going strong for over 25 years. A Silver Award was also awarded for a parsha-themed synagogue program celebrating when the FJMC Sefer Haftorah scroll makes its journey to NSJC. Many hardworking MC members dedicated themselves to building these programs which have become a part of our culture. The club has been recognized as a quality club since 2011.

As NSJC MC President he became involved on the regional level and has been on the planning committee for this award dinner for the past few years. He has attended an FJMC International Convention, a Regional Retreat and most recently attended the Leadership Development Institute (LDI) this past fall. He hopes you all take advantage of these great programs to help your clubs grow and grow yourselves individually.

Jeffrey is a Respiratory Therapist and Pulmonary Function Technologist at Stony Brook Medicine and Children's Hospital. He is employed there for over 30 years and specializes in the neonatal/pediatric areas. He works closely with the Asthmatic, Cystic Fibrosis and Duchene's Muscular Dystrophy populations.

He is also proud to be receiving this award with the Youth of the Year, Jennifer Zwerling, whom he met when she was only 4 years old with her father Eric, at the synagogue's 110th anniversary celebration and Torah Dedication. Our families have been close friends ever since. Mazel tov to Jennifer and all the others who are being honored here tonight.

He is also honored to call the current President of the NY Metro Region, Dan Granek, a longtime friend and mentor. It is amazing how this award dinner has brought together so many aspects of Jeffrey's life. He is humbled to have this honor bestowed upon him and grateful for the many blessings of family and friends in his life.